



Resilient Utah

Dear Utah Elementary Parents and Teachers,

A proud partner of Utah PTA, Resilient Utah is making available the online 2021-22 **Resilience Building Tool Kit** to all Utah elementary classrooms and homes. This special gift features “Something Good Inc.”, a musical children’s show that teaches resilience building skills to children and families. In addition, the **Resilience Building Tool Kit** provides easy instructions and other parent resources.




An effective way to develop protective life skills in children is for parents to sit down with them, open up discussion and create family rules and set family goals. This approach also works well with teachers and their students. This is exactly what the **Resilience Building Tool Kit** is designed to do.

We encourage you to utilize this effective tool in your classrooms and homes. Please click on the link below and enjoy the **Resilience Building Tool Kit**.

RESILIENCE BUILDING TOOL KIT

CLICK TO VIEW



-  Easy as 1-2-3: Instructions for Teachers and Parents.
-  10 Protecting Shields: Strategies to Build Resilience in Children.
-  Link to Uplift Families Parent Resource Center.



everychild.onevoice.

ResilientUtah.org